How do I select a specific date in the mobile app?

Mobile App · https://behca.com/support/how-do-i-select-a-specific-date-in-the-mobile-app/

You can quickly jump to any given day by swiping down on the "Track" screen and tapping the calendar icon. You can also jump one week in the past by clicking the left arrow next to the calendar icon.

Embedded media: https://behca.com/wp-content/uploads/mobile-date-select.mp4